What is claimed Is:

 A method of forming a composite dielectric on a semiconductor substrate, the method comprising:

forming a dielectric layer having an exposed surface on the substrate;

treating the exposed surface of the dielectric layer with phosphine and/or a phosphine plasma; and

forming a cap layer directly on the treated surface of the dielectric layer.

- 2. The method of claim 1, comprising forming the dielectric by spin-on-glass techniques.
- The method of claim 1, comprising introducing the substrate to a plasma enhanced chemical vapor deposition (PECVD) chamber having a phosphine source to treat the exposed surface of the dielectric layer.
- The method of claim 3, comprising introducing phosphine together with a carrier gas
 to the PECVD chamber as the phosphine source.
- The method of claim 3, comprising forming the cap layer by PECVD without removing the substrate from the chamber.
- 6. The method of claim 1, comprising patterning a photoresist on the cap layer and etching through the cap and dielectric layers to expose side surfaces of the cap and dielectric layers.
- The method of claim 6, comprising subjecting the exposed side surfaces of the cap and dielectric layers to a phosphine plasma.
- The method of claim 1, comprising forming the dielectric layer from a silsesquioxane dielectric material or derivative thereof.
- A method of treating a dielectric layer on a semiconductor substrate, the method comprising:

forming a dielectric layer on the substrate;

forming a patterned photoresist on the dielectric layer;

etching through the dielectric layer to expose side surfaces therein; and

subjecting the side surfaces of the dielectric layer to a phosphine plasma.

10. The method of claim 9, comprising

removing the photoresist layer; and

forming a conformal barrier layer on the dielectric layer including the phosphine plasma treated side surfaces thereof.

- The method of claim 10, comprising forming a conductive layer comprising copper on the conformal barrier layer and within the etched dielectric layer.
- The method of claim 11, comprising polishing the conductive layer to the barrier layer to form a conductive trench or plug within the dielectric layer.
- 13. The method according to claim 12, comprising forming a cap layer over the conductive layer and barrier layer.
- The method according to claim 9, wherein the dielectric layer comprises a porous silicon oxide.
- 15. The method of claim 14, comprising depositing the silicon oxide at a thickness of about 0.3 microns to about 1 micron.
 - 16. The composite structure according to claim 12.
- 17. The composite structure according to claim 16, wherein the substrate comprises a single crystal silicon substrate having at least one active device region formed therein or thereon.